

**Cross Country**

**Girls Freshman**

			Place	Time
Tuesday	10/11/11	BHS Frosh Invite Belvidere North High School	Away	4:30PM

**Girls All**

			Place	Time
Tuesday	08/30/11	Sycamore Invite Belvidere North High School	Away	4:45PM
Saturday	09/03/11	Crystal Lake South Invite Belvidere North High School	Away	9:00AM
<b>Tuesday</b>	<b>09/06/11</b>	<b>NIC-10 Pre-Season Belvidere North High School</b>	<b>Home</b>	<b>TBA</b>
Saturday	09/10/11	Lake Park CC Invite Belvidere North High School	Away	8:30AM
Saturday	09/17/11	Peoria Notre Dame Belvidere North High School	Away	9:00AM
Tuesday	09/20/11	NIC-5 Meet Belvidere North High School	Away	TBA
Saturday	09/24/11	Sterling Rock River Run Belvidere North High School	Away	9:00AM
Saturday	10/08/11	Wildcat Invite Belvidere North High School	Away	9:00AM
<b>Saturday</b>	<b>10/15/11</b>	<b>NIC-10 Conference Belvidere North High School</b>	<b>Home</b>	<b>TBA</b>

**Superintendent**  
Mike Houselog

**Athletic Director**  
Bryon Houy

**Activities Director**  
Darrin Sisk

**Athletic Director**  
Darrin Sisk