



## 2009-2010

Sports Offered at Belvidere North High School  
(official start date for all fall sports is 8/12/09)

- Fall:** Boys - Football, Cross Country, Golf & Soccer  
Girls - Tennis, Cross Country, Volleyball, Swimming, Golf & Pom Pon  
Coed - Cheerleading
- Winter:** Boys - Basketball, Bowling, Wrestling & Swimming  
Girls - Basketball, Bowling & Dance  
Coed - Competitive Cheerleading
- Spring:** Boys - Baseball, Tennis & Track  
Girls - Softball, Soccer & Track  
Coed - Lacrosse

---

### Sports Registration / Meeting Times for all fall sports:

**Monday, August 10**

**5:00 – 6:00 Registration in Main Lobby**

**6:00 – 6:30 General Parent/Athlete Meeting in Cafeteria**

**6:30 – 7:00 Individual Sport Breakout Meetings**

---

### Sport

Cheerleading

Boys Cross Country

Girls Cross Country

Football

Boys Golf

Girls Golf

Pom Pons

Boys Soccer

Girls Swimming

Girls Tennis

Volleyball

**Only fall athletes / parents need to attend this meeting. Winter and spring sports will have their meetings in October and February respectively.**